



ILLINOIS' FINEST

WENONA CHAMBER OF COMMERCE WENONA DAYS



SANCTIONED EVENT

Mr. C's 5K – Run For Your Life

Friday August 8, 2008 7:00 PM

RACE FEATURES

- *3.1 miles accurately measured
- *splits every mile
- *electronically timed
- *aid station on course
- *traffic control
- *refreshments
- *start and finish at Wenona Park
- *t-shirts (guaranteed to first 170 entries)

CHECK IN

5:00 pm to 6:30 pm
Wenona Park
(west end of 1st South Street
(turn west at the hardware store)

ENTRY FEE

\$13.00 Pre-registration (before July 31st)
\$15.00 Day of Race
First 170 Entries guaranteed t-shirt
Entries made payable to: **Wenona 5K Run**
Mail to: **Wenona 5K run**
1418 W. Queens Ct.
Peoria, IL 61614

AWARDS

Awards to 1st, 2nd and 3rd
place in each age Division.
Overall Male and Female
award; award to 1st male
and Female Wenona finisher

AGE DIVISIONS

<u>MALE</u>	<u>FEMALE</u>
13 & under	13 & under
14-19	14-19
20 -24	20-24
25-29	25-29
30-34	30-34
35-39	35-39
40-44	40-44
45-49	45-49
50-54	50-54
55-59	55-59
60-65	60-65
65-69	65-69
70 & over	70 & over

BEST TIMES in 2007

Male 16:36 Female 19:24

WALKERS ARE WELCOME

Please no Headphones, Strollers, Rollerblades, or Animals

Please Print:
Name _____ Phone _____
Address _____ City?State _____ ZIP _____
Age as of August 8, 2008 _____ Date of Birth _____ Male _____ Female _____
Shirt Size: S _____ M _____ L _____ XL _____ XXL _____

In consideration of the foregoing, I for myself, my executors, administrators and assignees, do hereby, release and discharge the **Wenona 5K Run committee, volunteers, or officials**, for all claims of damages, demands, actions whatsoever in any manner or growing out of my participation in the Wenona Days 5K run. I further attest and certify that I am physically fit and have sufficiently trained for this event.

Signature: _____ Date _____
Parent or Guardian if minor